

CROSSFIT
SMASH

SMASH CLASH 2010

WWW.CROSSFITSMASH.COM.AU

1 DAY
3 WORKOUTS
1 WINNER

The Ultimate Canberra
CrossFit Event

Male and Female individual and team events

Date: **August 28 2010**

Venue: **CrossFit Smash**

Ground Floor

7 London Circuit (we are actually on Farrell Place)

Canberra City ACT

Be the fittest in Canberra

Register @ www.crossfitsmash.com.au